

SAYS HEALTHY WOMAN IS ALMOST EXTINCT

Mrs. Mara Pratt Chadwick, M. D., So
Declared to Assembly of Mothers
in Syracuse, But Sen-
timents Are Not
Upheld.

"AMERICA is a country full of in-
valids. The real, splendid,
healthy woman is almost ex-
tinct."

Such was the statement made by Mrs.
Mara L. Pratt Chadwick, M. D., in an
address delivered before the New York
State Assembly of Mothers, in their
annual convention at Syracuse last
week.

The mothers, who were there to prove
how much better fitted women are to-
day than they have ever been to bring
up children, gasped, and women every-
where who have read Dr. Chadwick's
words have warmly protested against
their acceptance.

"Women have all found the secret of
perpetual youth. They are stronger
and bigger and enjoy better health of
mind and body than the last genera-
tion." These are the sentiments held
by the opponents of Dr. Chadwick.

Mrs. Harry Hastings of the New
York City Mothers' club, who was pres-
ent at the convention and heard Dr.
Chadwick's remarks, said yesterday:
"Well, she never got any such idea
from the women she saw before her at

that convention. Our mothers and
grandmothers were a stalwart looking
set of women and our daughters are
going to excel us. My daughters are
larger than I am now. America is full
of fine, big women. Look at them in
any assembly. Of course their trains
make them look taller and their figures
may be fuller than nature made them,
but look at their faces. They can't
fill them out by artificial means. They
are just the faces of women who know
how to live and who are profiting by
the experience of the women before us.
The tendency is toward better health.
Of course there are many neurotic wo-
men, but they are the wealthy ones who
can afford to indulge in it."

Dr. Jarrett's Opinion.

Dr. Elizabeth Jarrett, president of
the Normal College Alumnae associa-
tion, has exceptional opportunities for
determining the prevailing tendency
toward health or invalidism among New
York women, as she is one of the phys-
ical examiners of candidates for teach-
ers' positions in the public schools.

"Dr. Chadwick has a sanitarium,"
explained Dr. Jarrett. "Most of us doc-
tors see more sick folk than well ones,
so it is not to be wondered at if we
don't get our proportions just right
sometimes. However, I have the op-
portunity to examine hundreds of women
who represent a very good average. Of
the 700 applicants for teachers' licenses
that I have examined this last year only
a very, very small percentage have

been turned down because of physical
disability.
"To be sure, many of them have the
factor of youth in their favor. On the
other hand, they have been under a
somewhat severe strain. I believe that
the average is improving constantly.
Athletics has a great deal to do with it
—all kinds of outdoor exercises. Bi-
cycling was an excellent thing for most
women. It's too bad most of us have
given it up just because we have no
one to ride with us. Tennis and golf
have helped women. Basketball is too
severe for general use.

"Why, if any one thinks women
aren't improving in health let him go
to the Christian Science church and
look at all the people that have got
way beyond needing us doctors."

Mrs. Ralph Trautman, president of
the Women's Health Protective asso-
ciation, is a firm believer in the healthy
woman of today and attributes her in-
variable condition of body to the ac-
tivity of her mind and the scope and
variety of her enterprises.

"I am sure that we women here in
New York have more physical strength
and greater powers of endurance than
our mothers or grandmothers possessed.
What we do prove it.

"A few years ago, when the matter
was looked into, it was found that the
ranks of the insane were recruited very
largely from the farming classes, es-
pecially from the farmers' wives. Peo-
ple used to break down both in mind
and body and grow old prematurely
from sheer monotony. The more we do

the more we are able to do. Did you
ever see Mrs. Potter Palmer? She is
a slight little woman in appearance, but
her strength has held out to do any-
thing she has set her hand to."

Mrs. Trautman told many incidents
illustrative of Mrs. Palmer's ability to
go through storm and stress with hard-
ly a shadow of fatigue afterward.
"That's the kind of health our wo-
men have today," Mrs. Trautman
continued. "The kind that enables them
to do things. Look at the improved
way of living, too; our better sanitary
conditions and our splendid hospitals.
The whole community is in better
health on account of those things, but
especially the women."

Mrs. Belle de Rivera, first vice pres-
ident of the New York City Federation
of Women's clubs, said:

"I think that novels reflect current
conditions of life pretty accurately,
and, although I am not such an old
woman yet, I can see a change in the
heroines of today and of my childhood
days that marks a corresponding
change in the real women of now and
then. Instead of the 'splendid healthy
woman becoming extinct' she has been
evolved. Don't you know in the old
novels, and not so awfully old at that,
the heroines to be interesting had to be
pale and weak? They had to faint at
the slightest provocation and could
hardly bear to carry around with them
the weight of their own gowns. They
couldn't venture into strong sunlight
unless protected by veils and sunshades.

"When I was a pupil in Miss Wil-
lard's school in Troy there were girls
there who used to eat slate pencils to
give them a coveted pallor. Now, girls
almost burn themselves up to get the
proper coat of tan."

Although Miss Helen Varick Boswell,
lawyer and public speaker, has been
suffering from rheumatism, she took a
determined and optimistic stand in fa-
vor of the healthy woman of today.

"Just because I inherited rheuma-
tism must I blame it on the life of to-
day? If I was my own grandmother I
should be going around on crutches in-
stead of coming out to a political meet-
ing. What a splendid creature the girl
of today is! Just look at her—I look up
at her. Well developed, free in her
movements, she is the embodiment of
health. Dr. Chadwick must be think-
ing of her patients only. We're no na-
tion of invalids. Far from it."

"I am a grandmother, and I take as
much interest in life and do as much as
ever I did," asserted Mrs. John S. Cros-
by, president of the Woman's National
Single Tax league.

One couldn't imagine an old-time
grandmother looking so young by ten
years as Mrs. Crosby.

"Yes, I'm as well as I look," she in-
sisted, "and I have a family of five on
my hands, all well looked after. I
make all my own underclothing and
dresses and hats as well. They are al-
ways boasting that women nowadays
don't do such things. I do, and have
time for my clubs, too."

"You didn't make the gown you have

on. It is evident it is imported, and
made in Paris is stamped on it plain-
ly."

"But I did," asserted Mrs. Crosby.
"This hand work is all my own. The
great thing for health's sake is to have
some kind of work you love and then
do it. I think women's clubs have been
of the greatest benefit to women, men-
tally and physically. Of course I don't
approve of them in all their aspects,
but I believe in working from the in-
side to correct their faults. Healthy
womanhood will not become extinct
while woman has as many interests to
vitalize her as she has now."

Mrs. Louis Mathez thought health
was largely a matter of clothes and
mode of life.

"Wear things that will fit you," she
said, "and they will make you beau-
tiful and strong. Eat and drink what
you should and you will not have to
worry over becoming an invalid. Life
is too full of pleasure for women to
mope around and be afraid of getting
ill."—New York Herald.

Where She Shied.

(Trib-But.)
She was shy of germs in the water.
She boiled and killed them by steam.
She was shy of germs in the butter.
And microbes that flourish in cream.
She was shy of germs in the milk.
Of germs in the marrowfat bone.
She was shy of germs in her money.
And germs that you meet at the phone.
She was shy of germs at the playhouse.
Of germs on the tramcar slippers.
But she wasn't a bit shy of the microbes
If there were any on Archibald's lips.

Misunderstood.

(Baltimore News.)
"What is the latest thing in kids?"
The maiden asked, and this
The absent-minded glove clerk cried:
"In kids? Why, colic, miss!"

E. M. FRIEDMAN & CO
145 Main St., Progress Bldg.

Complete Stock of
MEN'S CLOTHING AND HATS,
FURNISHING GOODS.

BOYS' and CHILDREN'S SUITS

We carry only the most satisfactory,
well-finished, up-to-date and lasting
goods.

DRUNKENNESS

CURED.



A positive and permanent Cure
for Drunkenness. For terms and
literature address
THE KEELEY INSTITUTE,
Salt Lake City, Utah, Lock Box 484

Established 1840. 150 Offices.
The Oldest and Largest.

R. G. DUN & CO

GEORGE RUST, General Manager,
Utah, Idaho and Wyoming. Office in
Progress building, Salt Lake City.

Keith-O'Brien Company



Prices Down--Away Down!

FOR One Week--Beautiful Imported
and Domestic Styles. Remarkable
Price-Cut in Fine Fabrics. Study the Re-
ductions. A Seasonable Opportunity.
EXTRA FORCE OF SALESPeOPLE.

SILKS,
DRESS
AND
WASH
GOODS

AFTER thorough preparation, we an-
nounce the Greatest Sale of the
Season. These beautiful goods include
choicest foreign and domestic weaves.
NEW AND SEASONABLE STYLES.

IMPORTED NOVELTY MIXTURES
—In several of the new weaves. All
the best fall effects are shown.
These will be made in our popular
price dress making section at
\$2.50, for \$1.25

COLORED BOUCLE—2 pieces only,
one of navy and one of black; the
season's imported novelty and one
of the choicest fabrics in stock; regular \$2.50,
for \$1.45

BLACK AND COLORED PANAMA—
50 inches wide, medium weight and
one of the best and newest weaves
for fall. Solid colors are shown in
wine, navy, gray, castor, brown, red
and black. These materials can
be made up in our popular priced
dressmaking section, at \$3.00,
regular \$4.50, for \$1.00

BOURETTE FANCIES—50 inches
wide, extra heavy and beautiful mix-
ture of browns, greens, blues and
oaks. These materials will be
made up in our popular priced dress-
making section at \$3.00,
regular \$4.50, for \$1.00

BLACK PERCALINE—36 inches
wide, of the best Post Black Percaline,
with a fine mottled finish; one of the
best things to be had;
regular 25 cents, now 12½c

LINEN CANVAS—5 pieces of Natural
Linen Canvas, a fine soft finished
fabric, which is used
much by dressmakers;
regular 80c, for 15c

BLACK AND COLORED PERCA-
LINE—36-inch fine Mottled Percaline,
in black, white and all colors, cur-
ring the sale the fabrics will be sold
at less than cost;
regular 25c, for 15c

COLORED LOUISINE—21 inches wide,
in several of the most desirable col-
ors; extra heavy silk;
regular \$1.50, for 85c

COLORED PEAU DE CYGNE—19
inches wide, and a full line of col-
ors; a fine, pure silk
cloth; regular 75c, for 50c

COTTON ROCK SATINS—Suitable
for Christmas fancy work, in black,
white, cream, pink, light blue, tur-
quoise, scarlet, cardinal, Nile, lemon,
tan, gray, blue, navy and
brown. They are the best grade and
a high satin finish. This price will
only be for a few days, and not less
than half-yard lengths will be cut;
the width is 19 inches; regular
30c, for 39c

COTTON BACK SATINS—A better
grade, 24 inches wide, to be had for
a few days only in all
the shades; regular
75c, for 59c

COLORED LIBERTY SATINS—The
very thing for Christmas fancy work,
being pure silk, high satin lustre
and soft finish. All the light tints
of mauve, pink, sky, pearl,
cardinal, royal and light blue are
shown; 22 inches wide. At this re-
duced price we will not cut shorter
lengths than one-half
yard; regular \$1.00, for 60c

SATIN BROCADES—8 pieces 21-inch
pure silk, in light blue, pink, tan, li-
lac, mauve, light gray
cream; beautiful for waists and
gowns; the designs are
small and neat; regu-
lar \$1.50, for 75c

BOULE TAFFETA—19 inches wide,
in a variety of colors from light to dark
ground, intermixed with black and
white; they are used
largely for waists;
regular 50c, for 59c

WE expect this sale to arouse widespread interest. Even
regular prices represent close ones; the reductions are em-
phatic testimonials of our determination to move a heavy stock of
magnificent dress goods. At this sale we will not cut samples, give
discounts to the trade or make exchanges of sale goods. We prom-
ise considerate and individual attention to purchasers. For the pur-
pose of adequate displays ample space has been provided. An exam-
ination of the windows will prove fascinating. Forenoon shopping is
advised in order that the afternoon rush may be avoided.

COLORED PEAU DE CYGNE—21
inches wide, in all colors, as well as
light and dark; soft, pure silk, and
of high lustre;
\$1.50 quality, for 69c

BLACK TAFFETA—21 inches wide,
pure silk, soft, mellow finish and of
the best black and luster. No strong-
est silk made at the
price; regular
75c, for 55c

BLACK PEAU DE SOIR—20 inches
wide, of the best black, high lustre.
Strong and of soft fin-
ish; regular 50c, for 59c

SCOTCH FLANNELS—25 pieces of
these fine striped flannels, used
largely for waists, dressing
shirts and pajamas;
half price; regular
50c, for 25c

PLAIN MERCERIZED GINGHAM—
2 pieces of these fine silk finished
French Gingham Plaids. In
this sale half price,
regular 50c, for 25c

MERCERIZED OXFORDS—A new
line brought at almost half-price
white and white grounds with neat
colored dots and
stripes; regular
50c, for 45c

UNION FLANNELS—5 pieces, 28
inches wide, in good mixed grounds,
with white graduated stripes and
used for undershirts;
regular 25c, for 25c

EIDERDOWN—27 inches wide, in
black, white, cardinal, wine, blue,
green, gray, gold, pink
and light blue; regu-
lar 50c, for 25c

MERCERIZED WAISTINGS—25
pieces of all white and white
grounds with colored stripes and
small colored dotted effects, as well
as darker grounds in plaided and
striped effects; regu-
lar 50c and \$1.00, for 60c

BLACK VELVET—We have about 50
yards each to sell at this reduction.
They are the best of blacks. Regu-
lar \$1.50 for 1 yard, regular \$2.00 for 1.75.

VELOIR DE NORDE—Much used
for winter coats and capes; 22
inches wide, with a thick, long
pile similar to velvet but much
heavier; in black only; the face is
pure silk. Regular \$2.50 for 1.25;
regular \$4.00 for 2.50; regular \$5.00
for 3.50.

BLACK VELVETEENS—24 to 27
inches wide, of the best make and
used for coats and dresses. Regular
\$1.00 for 70c; regular \$1.50 for \$1.00;
regular \$2.00 for \$1.50.

IMPORTED ALBATROSS—A very
fine cloth, 45 inches wide and used
extensively for evening dresses and
waists; the shades run from light to
dark; regu-
lar \$1.00, for 59c

NOVELTY MIXTURES—15 pieces of
28-inch novelty mixed dress goods of
the best fall shades, ex-
ceptional values;
regular 90c, for 39c

PLAIN DRESS GOODS—8 pieces of
these beautiful plaids, suitable for
children's school dresses; there is
nothing so serviceable
and warm-looking;
worth 50c for 45c

ALL WOOL ALBATROSS—15 pieces
of 38-inch all wool albatross and
nun's veiling, in a fine range of col-
ors, both light
and dark; regu-
lar 50c for 39c

SNOWFLAKE SUITINGS—54-inch
beautiful suitings in all wool mix-
tures of browns, greens, oaks
and blues, nice for suits or separate
skirts. These can be made in our
popular price dressmak-
ing section at \$15.00,
Regular \$1.50 for \$1.00

NOVELTY SUITINGS—10 pieces of
44 to 50-inch mixtures, in fine fall
effects for suits
and skirts, regu-
lar \$1.50 for 69c

BLACK AND COLORED CHEVIOT—
50-inch fine imported best worsted
yarn cheviots, in black, navy, royal
and brown. There is nothing more
serviceable than a
good cheviot. Regu-
lar \$1.00 for 65c

BLACK AND COLORED ZIBELINE—
50 inches wide and can be had in
navy, brown, castor, garnet and
black. These can be made in our
popular price dressmak-
ing section at \$15.00,
Regular \$1.50 for \$1.25

Imported Novelty Patterns—
Regular at \$30 and \$35,
For \$15.00.

Made to order in our third dress-
making section for \$15.00, including
pattern, \$2.00; lining and trimmings
extra. 25 patterns to select from
and are representative of choicest
style. All are new goods. No old
stock.
Suits made to order in the third
dressmaking section are guaranteed
\$25.00 and \$35.00 Imported Novelty
Patterns, for \$15.00.

It is gratifying to know that every
Original Price is Dependable; every Re-
duction an Unusual One.